





NEXT LEVEL WATERPOLO

Welcome to Next Level Water Polo Club ! We are THRILLED to have you join our thriving Water Polo Community!
 Our program takes pride in giving each athlete the tools they need to make an impact both In and Out of the pool.
 Please read through this Packet carefully to understand how our team operates.

All Practices are at [The Long Center](#) (1501 N Belcher Rd Clearwater, FL 33765)

Next Level - Clearwater Coaching Staff:

			
Zak Kappos	Steve Fetherston	Madelyn Snodgrass	Taylor Bullock
NLWP Director High School & Youth WP Coach	Aquatikids & Splashball Coach	Head Swim & Stroke Technique Coach	High School & Youth WP Coach Assistant Coach

Questions? Contact Zak at nextlevelwaterpolo@gmail.com or (562) 212 5002



Ages: 6 - 10yrs

Cost: \$70/ Month

Coaches: Steve & Madelyn

Training:

Mondays 7:00 - 8:00pm



Ages: 8 - 11yrs

Cost: \$90/ Month

Coaches: Steve, Taylor, & Madelyn

Training:

Monday & Wednesday 7 - 8:30pm



Ages: 10 - 14yrs

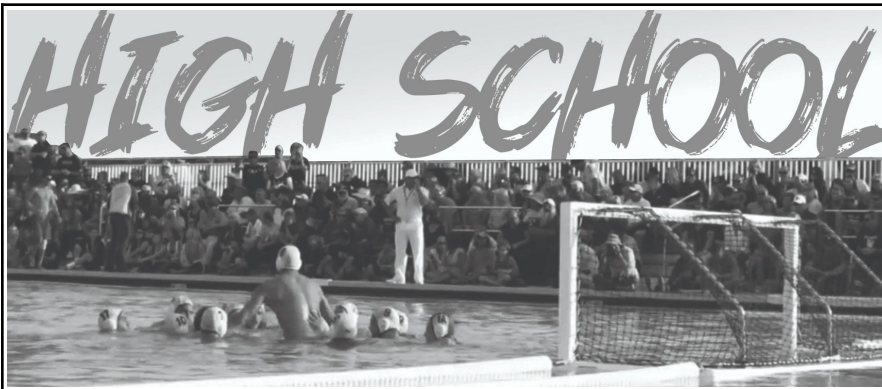
Cost: \$110/ Month

Coaches: Zak, Taylor, & Madelyn

Training:

Monday & Tuesday 7 - 8:30pm

Wednesday: 6:30 - 8:30pm



Ages: 14 - 18yrs

Cost: \$130/ Month

Coaches: Zak, Taylor, & Madelyn

Training:

Mon, Tues, Wed 6:30 - 8:30pm

Thurs: 6:30 - 8pm

Practice Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Aquatikids	7pm - 8pm	X	X	X
Splashball	7pm-8pm	X	7pm-8pm	X
Youth WP	7pm-8:30pm	7pm-8:30pm	6:30pm-8:30pm	X
HS WP	6:30pm - 8:30pm	6:30pm - 8:30pm	6:30pm - 8:30pm	6:30pm - 8pm

* (**Youth WP**) Dryland on Wed 6:30 - 7pm & (**HS WP**) Dryland M-TH 6:30 - 7pm *

Weather Contingency

Because the Long Center is Indoors, we will rarely have any Weather Issues.

All practices are guaranteed unless there is a holiday, hurricane, or existing Event Rental!

NEW Athlete Registration: HOW TO JOIN

To Join, New Families MUST do the following:

1. Visit nextlevelwaterpolo.com and select "Play Now".
2. Select your City & Choose your Program.
3. Complete the "Athlete Registration Form" and Enter your payment information.
4. Your Monthly Club Payment will be deducted each month on the day you Register!

****Please note:** As your athlete develops, you will need to update their registration option to reflect their new program!!

Team Communication: WhatsApp

1. After completing a New Athlete Registration Form, Download "**WhatsApp**" onto your phone from the App Store.
2. NL Staff will text your Join Link based on the information completed in your Registration Form so make sure it's correct!
3. Important Tournament information will be shared via Email.

WhatsApp will be used for Direct Messaging with parents, Team Messaging regarding Critical information, Upcoming Tournaments, a place for parents to share Team Photos, and a great way for our group to stay connected when we are apart! Use this App to stay IN THE KNOW!

Team Gear

All Athletes are **required** to have (2) Team Shirts (Dark & White) during competition. High School Athletes are also **required** to have a Speedo / Team Suit.

T-shirts, Jackets, Suits, Towels, & More are currently available online at www.nlsportco.com. Orders will be shipped directly to your house or available for pickup directly on the pool deck!



USAWP Membership:

To compete in any Competition, you will need a **Bronze USAWP Membership**.

Certain events will require a Silver / Gold Membership. (Junior Olympics, Sunshine State Games, Battle of the Bay, Beast of the East, International Tournament, etc.)

You can register for USAWP on <https://usawaterpolo.org/>

Competition:

NLWP is very much a travel club team. While we host a handful of tournaments during the year to bring competition to us, it is essential to the development of our team that athletes participate in as many competitions as possible. Competition is integral to our club's ability to play as a team, each individual's development, and gives our athletes the opportunity to use the training we do throughout the year in real time situations.

Our forecasted schedule for the next 12 months to help everyone prepare accordingly. Staff will confirm athlete attendance prior to each tournament roughly 3-4 weeks prior to each competition.

Athlete Membership Comparison

	Bronze	Silver	Gold
	Expires December 31	Expires December 31	Expires December 31
Member of the Olympic Movement	✓	✓	✓
Online Membership Account & Dashboard	✓	✓	✓
Premier Insurance Coverage	✓	✓	✓
USA Water Polo Certified Coaches	✓	✓	✓
SafeSport	✓	✓	✓
Positive Coaching Alliance	✓	✓	✓
Mobile Coaching App & Training Videos	✓	✓	✓
Roster Verification System	✓	✓	✓
Skip Shot Magazine	✓	✓	✓
Monthly Newsletter	✓	✓	✓
Product & Sponsor Discounts	✓	✓	✓
USA Water Polo Skill Clinics	✓	✓	✓
Local & Regional League Play	✓	✓	✓
All Sanctioned Events		✓	✓
Masters National Championship		✓	✓
Olympic Development Program Camps		✓	✓
Holiday Camp Eligible			✓
ODP Zone Team Eligible			✓
ODP National Championships			✓
National Team Selection Camp			✓
National Championship Events			✓
Junior Olympics			✓
Junior Olympics All-American			✓
College Coach Meet & Greet			✓
Academic All-American Honors			✓

Competition Schedule:

Date	Event	Divisions	Location
Sept 27th	NL Combine	ALL ATHLETES	The Long Center
Oct 28, 29th	Halloween Tournament	12u, 14u Coed / 16u Men	Orlando, FL
Nov 11, 12th	Battle of the Bay	10u, 12u 14u Coed / 16u Men	Clearwater/ St Pete
Nov 17, 18th	NL Training Trip (Overnight)	Ages 11 - 18u Only	Anclote Key
Dec 8, 9, 10th	Beast of the East	12u, 14u Coed, 16u Men	Clermont, FL
Jan 5, 6, 7th	Patriot Invitational	12u, 14u Coed, 16u Men	Orlando, FL
Jan 13, 14th	Orlando United Invitational	14u Coed, 16u Men	Orlando, FL
Feb 3, 4th	NL Youth Invitational	10u, 12u, 14u Coed	Clearwater, FL
Feb 16, 17, 18th	International Tournament	14u Coed, 16u Men	Coral Springs, FL
Feb 24th	NL Golf Fundraiser	Open to the Public!	Tampa, FL
Mar 15 - 17th	NL Training Trip (Overnight)	Ages 13u - 18u Only	Key West, FL
Apr 20, 21th	Rise Up Invitational	12u, 14u Coed	Clermont, FL
May 4, 5th	Atlanta Cup	Ages 14u Coed, 16u Men	Atlanta, GA
June 1st , 2nd	Open Water Championships	12u, 14u Coed, 16u Men	St Petersburg, FL
June 8, 9th	Central FL Championships	12u, 14u Coed, 16U Men	Seminole, FL
June 21 - 23rd	Sunshine State Games	14u Coed, 16u Men	Coral Springs, FL
July 24 - 28th	Junior Olympics	14u Men, 16u Men	Dallas, TX

* Beach Practices are TBD. At Least 3 weeks notice will be given prior to each training

NL Combine: How We Track Athlete Progression

The NL Combine is a series of baseline tests our club runs during practice **every (2) months** to help track our Athlete's development and understand where we need improvement. New Athletes will be placed in their age appropriate program until a combine is completed and scores can be tracked. These scores are what we use to help determine whether or not an athlete is prepared to move on to the next program.

1. Aquatikids --> 2. Splashball --> 3. Youth WP --> 4. HS WP

To progress on to the next program, Athletes **must be able to meet or exceed** their program's baseline scores below. This ensures that each practice remains competitive and that athletes are training with others at their same level.

We ALWAYS need parent assistance to make the Combine run smoothly, so if you're available to volunteer we'd love your help to track scores at one of the following stations!

Aquatikids	Splashball	Youth WP	High School WP	
:16	:12	:08	:07	12.5M Sprint
:35	:30	:18	:16	25m Sprint
1:15	1:00	:38	:33	50m Sprint
2:45	2:10	1:18	1:10	100m Sprint
PASS/FAIL	PASS/FAIL	PASS	PASS	Tread Test
1:30	1:00	X	X	Gauntlet*
15 mph	20 mph	25 mph	31 mph	Speed Gun
25 "	30 "	35 "	45 "	High Jump
X	X	:03	:05	Grudge Belt*
ANY	ANY	2/8	3/8	Rapid Fire
ANY	:05	:10	:45	Weight Ball / Brick

**Recommended*

**Recommended*

**Required*

**Required*

NLWP 2023 - 24 Calendar

JUNIOR OLYMPICS

NO TRAINING

TOURNAMENT

NL TRAINING TRIP

NL TOURNAMENT

BEACH PRACTICE

NL COMBINE

July 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024

Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	
7	8	9	10	11	12
14	15	16	17	18	19
21	22	23	24	25	26
28	29	30	31		

November 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

OCT Orlando Inv (Rosen AC)

NOV Battle of the Bay (Age Group)
Anclote Key Training Trip
NL Combine

DEC Beast of the East (Clermont)

JAN Patriot Invitational (Orlando)
MLK Invitational (Orlando)

FEB NLWP Invitational (Thu, 13u, 15u COED, Open M & W)
International Tournament (Coral Springs)

MAR Training Trip to the Florida Keys TBD Exact Dates 3-4 Days

APR Rise Up (Orlando)

MAY Atlanta Cup
NL Combine

JUNE Open Water Champs
Central FL Champs (Seminole)
Sunshine State Games (TBD, probably Miami)

JULY Junior Olympics

AUG NL Training Trip

SEPT Halloween Inv (Orlando)
Battle of the Bay (Masters)

NOV Battle of the Bay (Age Group)

DEC Beast of the East