



NEXT LEVEL
PUERTO RICO
TRAINING TRIP

MAR 14-22 OPEN TO PUBLIC! 13-18YRS



JOIN OUR TRAINING TRIP



Iconic Moments

From playing Water Polo in the Bioluminescence Bay, hiking, Surfing in Rincon, Meeting a Professional Basketball Team, you won't want to miss out on this one of a kind opportunity!



Local Dining

Get a local experience and enjoy the variety of tastes of the island while dining! Indulge in the local cuisine and discover Puerto Rico's Heritage!



Visit The Island

Learn about Puerto Rico's rich history, explore El Yunque National Rainforest, enjoy Hiking, Sliding down Water Falls even Ziplining through the forest! Snorkel in Rincon and discover the underwater reefs & aquatic life!



Elite Training

Daily training sessions and scrimmage against other teams across the Island! Each day will include a morning and afternoon training session. Improve your skills by training against incredible competition!

AT A GLANCE

WHAT IS INCLUDED?



MAR 14 - 22ND 2026



SAN JUAN, PUERTO RICO



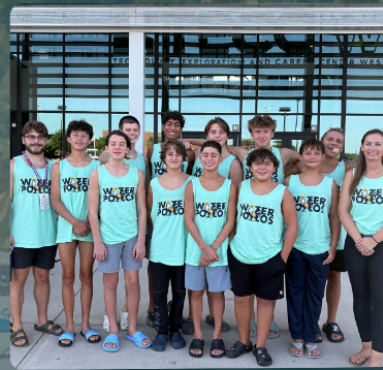
COED AGES 13 - 18yrs



ACCOMODATIONS



TEAM MEALS



TRAINING TRIP GEAR



TRANSPORTATION



WATER POLO TRAINING



24/7 STAFF SUPPORT

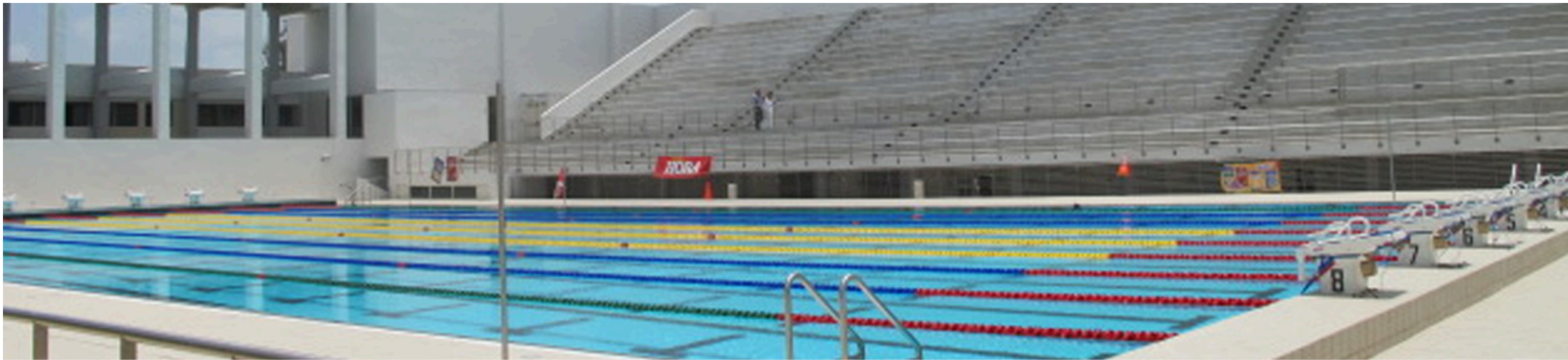


ALL ACTIVITIES



LOCAL SCRIMMAGES

***The only additional money your athlete will need is for spending money on souvenirs and snacks while touring throughout the Island. Any Parents interested in joining our activities may do so for an additional cost.**



WATER POLO

Each day features 2 pool sessions. A morning training session followed by an afternoon session where our team will compete against a different club on the Island including UAE, Encatada, & More!

This trip is tailored to the group attending. Join us for a transformative experience and a trip unlike ANY other! Combine an Island Vacation with a training opportunity of a lifetime in Puerto Rico!



THE POOLS

On this journey journey you'll have the opportunity to train at Top-Tier pools located across the Island. Each pool setting offers a distinctive opportunity to hone your skills against a different team, setting the stage for a training experience that is both diverse and culturally rich. Leverage this opportunity to immerse yourself in environments where water polo is your focus while taking part in a vibrant local lifestyle and culture!



ACTIVITIES

Dont miss out on these once-in-a-lifetime opportunities! In addition to an incredible Water Polo trip, Athletes will have the opportunity to Meet & Greet the Caguas Pro Basketball Team, Zipline in El Yunque National Rainforest. Hike to a Water Fall slide, Snorkeling in Rincon, Enjoy a Catamaran trip from Fajardo, and play Water Polo in Bioluminescence Bay! Each day is packed with an unforgettable agenda of things to do, places to be, and things to enjoy!



TOURISM

Experience Puerto Rico and lose yourself in the unique culture! All participants will visit the Castillo San Felipe del Morro, Visit Punta Higuero Lighthouse, Surfing class in Rincon, and more! Each day is catered directly to the group attending and made to be unforgettable! Dont just visit the Island.. LIVE IT!



SAT Mar 14th

Arrive Midday to Puerto Rico
Pick up Rental Vans
Check into Airbnb Accomodations
Team Meeting
Lunch
Afternoon Scrimmage
Dinner & Stroll Through Downtown



SUN Mar 15th

Breakfast at Airbnb
Morning Stretch & Dryland
Morning Pool Training 10-12
Lunch
Walking Tour at Castillo SF
Return to Airbnb
Chalk Talk / Video Session
Dinner



MON Mar 16th

Breakfast at Airbnb
Morning Stretch & Dryland
Morning Pool Training 10-12
Lunch
Return to Airbnb
Tripleta Sandwich Shop in Caguas
Meet & Greet Caguas B Ball 4pm
Watch Bball Practice, Early Meal
Night Scrimmage 7-9
Dinner



TUES Mar 17th

Breakfast at Airbnb
Morning Stretch & Dryland
1 Hr Drive to El Yunque NF
Zip line at El Yunque National RF
Waterfall Slide Rock & Hike
Lunch
Return to Airbnb
Early Meal
Night Scrimmage 7-9
Dinner

WHAT TO EXPECT



WED Mar 18th

Breakfast at Airbnb
Morning Stretch & Dryland
Boat Charter in Fajardo
Lunch
Hangout / Rest
Early Meal
Night Scrimmage 7-9
Dinner



THURS Mar 19th

Breakfast at Airbnb
Morning Stretch & Dryland
Morning Pool Training 10-12
Lunch
Chalk Talk / Video Session
Break Out Sessions
Early Meal
Night Scrimmage 7-9
Dinner



FRI Mar 20th

Breakfast at Airbnb
Leave for Rincon
Visit Punta Higüero Lighthouse
Snorkeling in Rincon
Lunch
Learn to Surf Class in Rincon
Early Meal
Return to Airbnb
WP in Bioluminescence & Boat Ride
Return to Airbnb



SAT Mar 21st

Breakfast at Airbnb
Leave to Beach
WP Scrimmage w/Local Teams
Lunch
Team Activity
Early Meal
BSN Basketball game if scheduled
TBD Activity
Dinner

* Sunday Mar 22nd: Breakfast, Pack all belongings, and head to airport to return home midday!

WHAT TO EXPECT

HOW TO PARTICIPATE



MAR 14 - 22ND 2026



SAN JUAN, PUERTO RICO



COED AGES 13 - 18yrs

1) Submit Payments

- Deposit Payment: **JAN 31ST**
- Final Payment: **FEB 27TH**

2) Complete your Athlete Forms Online

- Athlete / Guardian Contact Info Form
- Photo Release & Liability Waivers
- US Athletes need a valid USAWP Membership!

3) Purchase your Flight to San Juan, Puerto Rico!

- Luis Munoz Marin International Airport
- Plan on arriving Sat, Mar 14th between 12 - 2pm
- Plan on leaving Sun, Mar 22nd between 12 - 2pm

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