

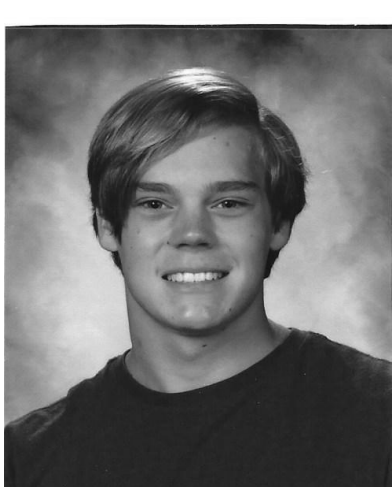



NEXT LEVEL WATERPOLO

Welcome to Next Level Water Polo Club ! We are **THRILLED** to have you join our thriving Water Polo Community!
 Our Program takes pride in giving each athlete the tools they need to make an impact both In and Out of the pool.
Please read through this Packet carefully to understand how our team operates.

Next Level - Venice Coaching Staff:

			
Zak Kappos	Johnnie Daley	Ryder Best	Alex Gaspar
NLWP Director	Venice Site Director HS Head Coach	HS Asst Coach & Youth WP Coach	HS Asst Coach & Youth WP Coach

Questions?

Contact Zak at nextlevelwaterpolo@gmail.com or (562) 212 5002

Johnnie Daley at johnnie.daley@gmail.com

SUMMER SESSION: April 30th - July 28th



Ages: 8 - 13yrs

Cost: \$350/ Session (Apr 30 - July 28)

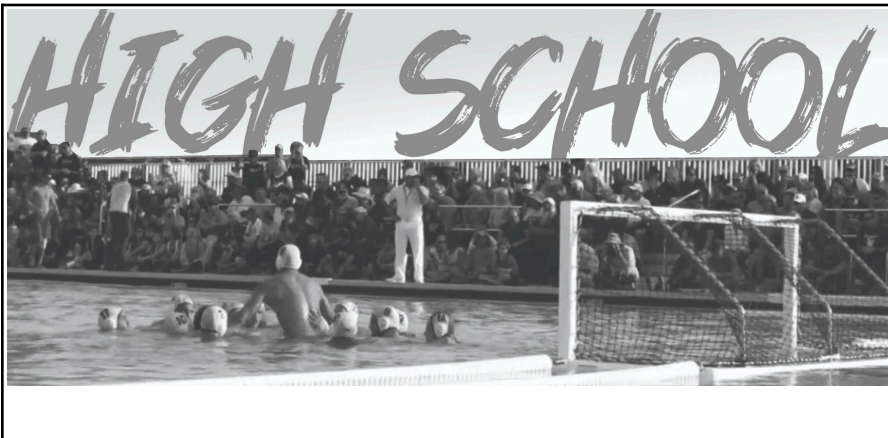
Coaches: Alex Gaspar, Ryder Best

Training: NORTHPORT AC

Wednesdays 5-7pm

Sundays 8-10am

** Monthly Payment options Available*



Ages: 14 - 18yrs

Cost: \$400/ Session (Apr 30 - July 28)

Coaches: Johnnie, Ryder, & Alex

Training: VENICE/NORTHPORT

Tues & Thurs: 5:30 - 7:30pm (Venice)

Sun: 8am - 10am (Northport)

** Monthly Payment options Available*

Practice Schedule

YOUTH WP:

Wednesday: 5 - 7pm @ Northport AC

Sunday: 8 - 10am @ Northport AC

High School WP:

Tuesday: 5-7pm @ Venice YMCA

Thursday: 5-7pm @ Venice YMCA

Sunday: 8-10am @ Northport AC

NORTHPORT AC: 6205 W Price Blvd, North Port, FL 34291

VENICE YMCA: 701 Center Rd, Venice, FL 34285

Weather Contingency

Because the Venice YMCA & Northport AC are Outdoors, we will occasionally have Weather Issues. Should practice be canceled due to weather, a message will be sent in the team chat 1 hour prior to training. If after practice has started and lightning strikes within 20 miles, HS Athletes will have dryland practice/chalk talk. Splashball Athletes will have the remainder of practice canceled

NEW Athlete Registration: HOW TO JOIN

To Join, New Families MUST do the following:

1. Visit nextlevelwaterpolo.com and select "Play Now".
2. Select your City & Choose your Program.
3. Complete the "Athlete Registration Form" and Enter your payment information.
4. Your Club Payment will be automatically deducted on the day you Register!
****Please note:** As your athlete develops, you will need to update their registration option to reflect their new program! (i.e. Youth WP vs High School WP)
5. **Text (562) 212 5002 after joining to receive our Team WhatsApp link for communication!**

Team Communication: WhatsApp

1. After completing a New Athlete Registration Form, Download "**WhatsApp**" onto your phone from the App Store.
2. NL Staff will text your Join Link based on the information completed in your Registration Form so make sure it's correct!
3. Important Tournament information will be shared via Email.

WhatsApp will be used for Direct Messaging with parents, Team Messaging regarding Critical information, Upcoming Tournaments, a place for parents to share Team Photos, and a great way for our group to stay connected when we are apart! Use this App to stay IN THE KNOW!

Team Gear

All Athletes are **required** to have (1) Black Team Shirt & (1) Team Suit for during competition. T-shirts, Jackets, Suits, Towels, & More are currently available online at www.nlsportco.com. Orders will be shipped directly to you.



USAWP Membership:

To compete in any Competition, you will need a **Bronze USAWP Membership**.

Certain events will require a Silver / Gold Membership. (Junior Olympics, Sunshine State Games, Battle of the Bay, Beast of the East, International Tournament, etc.)

You can register for USAWP on <https://usawaterpolo.org/>

<i>Athlete Membership Comparison</i>			
	<i>Bronze</i>	<i>Silver</i>	<i>Gold</i>
	Expires December 31	Expires December 31	Expires December 31
Member of the Olympic Movement	✓	✓	✓
Online Membership Account & Dashboard	✓	✓	✓
Premier Insurance Coverage	✓	✓	✓
USA Water Polo Certified Coaches	✓	✓	✓
SafeSport	✓	✓	✓
Positive Coaching Alliance	✓	✓	✓
Mobile Coaching App & Training Videos	✓	✓	✓
Roster Verification System	✓	✓	✓
Skip Shot Magazine	✓	✓	✓
Monthly Newsletter	✓	✓	✓
Product & Sponsor Discounts	✓	✓	✓
USA Water Polo Skill Clinics	✓	✓	✓
Local & Regional League Play	✓	✓	✓
All Sanctioned Events		✓	✓
Masters National Championship		✓	✓
Olympic Development Program Camps		✓	✓
Holiday Camp Eligible			✓
ODP Zone Team Eligible			✓
ODP National Championships			✓
National Team Selection Camp			✓
National Championship Events			✓
Junior Olympics			✓
Junior Olympics All-American			✓
College Coach Meet & Greet			✓
Academic All-American Honors			✓

Competition:

NLWP is very much a travel club team. While we host a handful of tournaments during the year to bring competition to us, it is essential to the development of our team that athletes participate in as many competitions as possible. Competition is integral to our club's ability to play as a team, each individual's development, and gives our athletes the opportunity to use the training we do throughout the year in real time situations.

Our forecasted schedule for the next 6 months to help everyone prepare accordingly. Staff will confirm athlete attendance prior to each tournament roughly 3-4 weeks prior to each competition.

Competition Schedule:

Date	Event	Divisions	Location
Apr 27, 8th	FL International WP Series	14u Coed & 16u Men	Ocala, Fl
May 4, 5th	Atlanta Cup	Ages 14u Coed, 16u Men	Atlanta, GA
May 18, 9th	Seminole Shootout	Ages 14u Coed, 18u Men	Atlanta, GA
June 1st , 2nd	Open Water Championships	13u, 15u Coed, 18u M&W	Clearwater, FL
June 8, 9th	Moonshot Tournament	18u Men & Women	Huntsville, AL
June 21 - 23rd	Sunshine State Games	14u Coed, 16u Men	Ft Lauderdale, Fl
July 24 - 28th	Junior Olympics	14u Men, 16u Men	Dallas, TX
Oct 26, 27	Halloween Tournament	12u, 14u, 16u, 18u M & W	Orlando, FL
Nov 9, 10	Battle of the Bay	All Ages	St Petersburg, FL
Dec 6, 7, 8	Beast of the East	14u Coed, 16u Men, 18u M&W	Clermont, FL

* Beach Practices are TBD. At Least 2 weeks notice will be given prior to each training

NL Combine: How We Track Athlete Progression

The NL Combine is a series of baseline tests our club runs during practice **every (2) months** to help track our Athlete's development and understand where we need improvement. New Athletes will be placed in their age appropriate program until a combine is completed and scores can be tracked. These scores are what we use to help determine when an athlete is prepared to move on to the next program.

1. Youth WP --> 2. HS WP

To progress on to the next program, Athletes **must be able to meet or exceed** their program's baseline scores below. This ensures that each practice remains competitive and that athletes are training with others at their same level. Youth WP Scores are simply goals, not expectations when new athletes are joining! Dates will be announced throughout the session.

Youth WP	High School WP	
:16	:08	12.5M Sprint
:35	:18	25m Sprint
1:15	:38	50m Sprint
2:45	1:18	100m Sprint
PASS/FAIL	PASS	Tread Test
1:30	X	Gauntlet
15 mph	25 mph	Speed Gun
25 "	35 "	High Jump
X	:03	Grudge Belt
ANY	2/8	Rapid Fire
ANY	:10	Weight Ball / Brick

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